

Mosaic Community Services





MISSION
Mosaic Community Services transforms lives through comprehensive health services for people with mental illness and addictions

Client and Community

People Achieve Recovery, Live in Optimal Physical Health, & Work Toward Their Goals

Public Policy & Public Opinion Support Integrated Health

Financial Sustainability

Increase Capacity for Fundraising

Optimize Existing & New Funding Streams

Systems and Business Process

Upgrade Facilities & Equipment

Integrated Health Solutions
Electronic Health Record, Partnerships, Unified Organization

Employee Learning and Growth

Great Place to Work

Integrate Training & Management

Volunteering & Internships

Staff & Client Input

VALUES

Recovery
We believe that people *can* and *do* recover from mental illness and addiction. Recovery means that people create satisfying and hopeful lives that contribute to the community, even with the limitations caused by their illness.

Quality
Mosaic sets the standard for excellent, comprehensive community-based services that address the needs of the whole person.

Respect
We respect the people we serve and each other. People are treated, respected and accepted for who they are.

Who We Are

- 27,000 consumers a year with mental health and substance use needs (adults, children, and families)
- 700 staff
- Central Maryland
- 120 Locations

Key Locations

- Baltimore City
- Timonium
- Westminster
- Catonsville
- Randallstown

Information on Mental Health

Facts

- The National Institute of Mental Health reports that One in four adults-approximately 57.7 million Americans-experience a mental health disorder in a given year
- The U.S. Surgeon General reports that 10 percent of children and adolescents in the United States suffer from serious emotional and mental disorders that cause significant functional impairment in their day-to-day lives at home, in school and with peers.
- The World Health Organization has reported that four of the 10 leading causes of disability in the US and other developed countries are mental disorders. By 2020, Major Depressive illness will be the leading cause of disability in the world for women and children.
- The economic cost of untreated mental illness is more than 80 billion dollars each year in the United States. 15% of economic burden of all diseases.

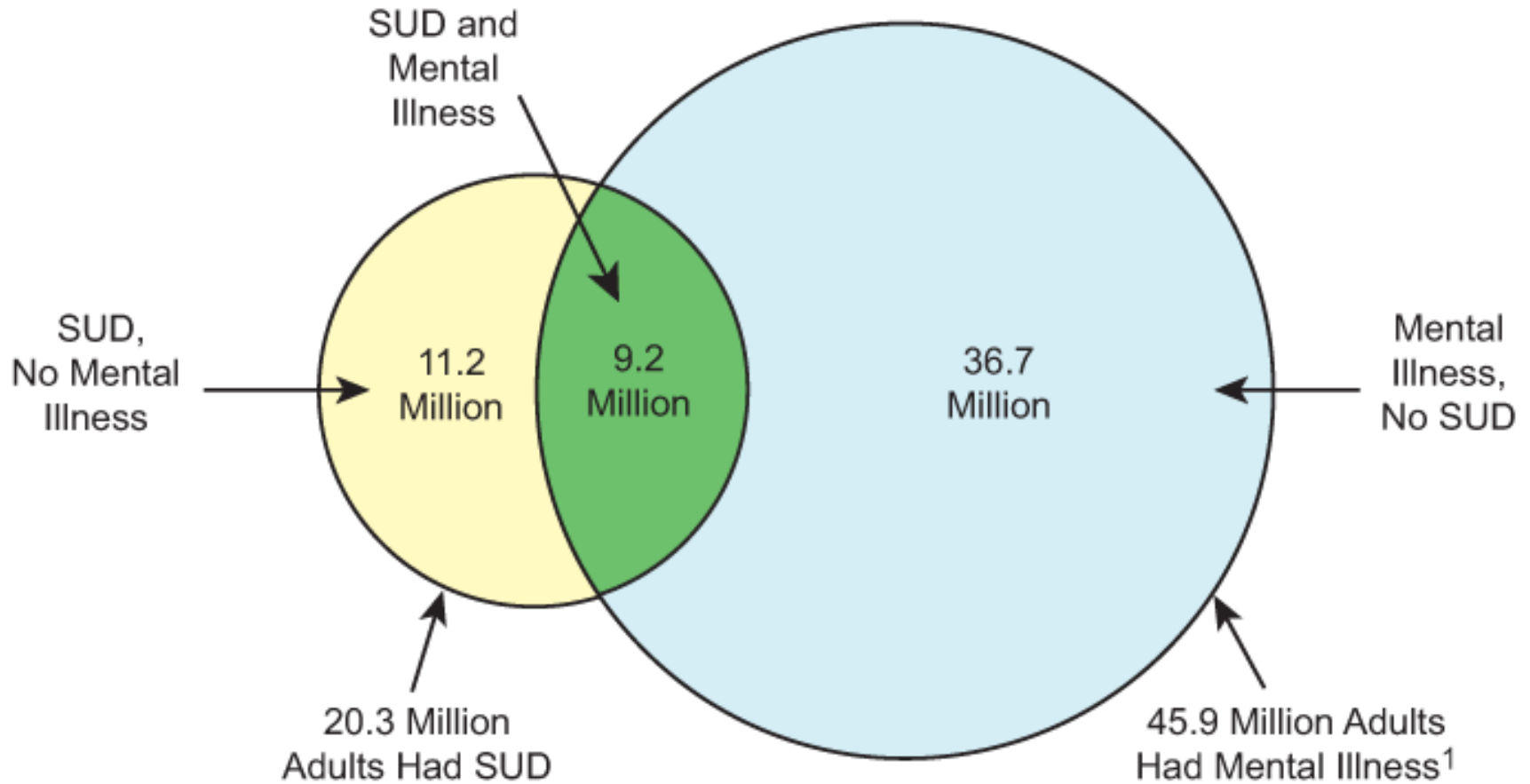
More...

- The best treatments for serious mental illnesses today are highly effective; between 70 and 90 percent of individuals have significant reduction of symptoms and improved quality of life with a combination of pharmacological and psychosocial treatments and supports.
- Early identification and treatment is of vital importance; By ensuring access to the treatment and recovery supports that are proven effective, recovery is accelerated and the further harm related to the course of illness is minimized.
- Stigma erodes confidence that mental disorders are real, treatable health conditions.

Children

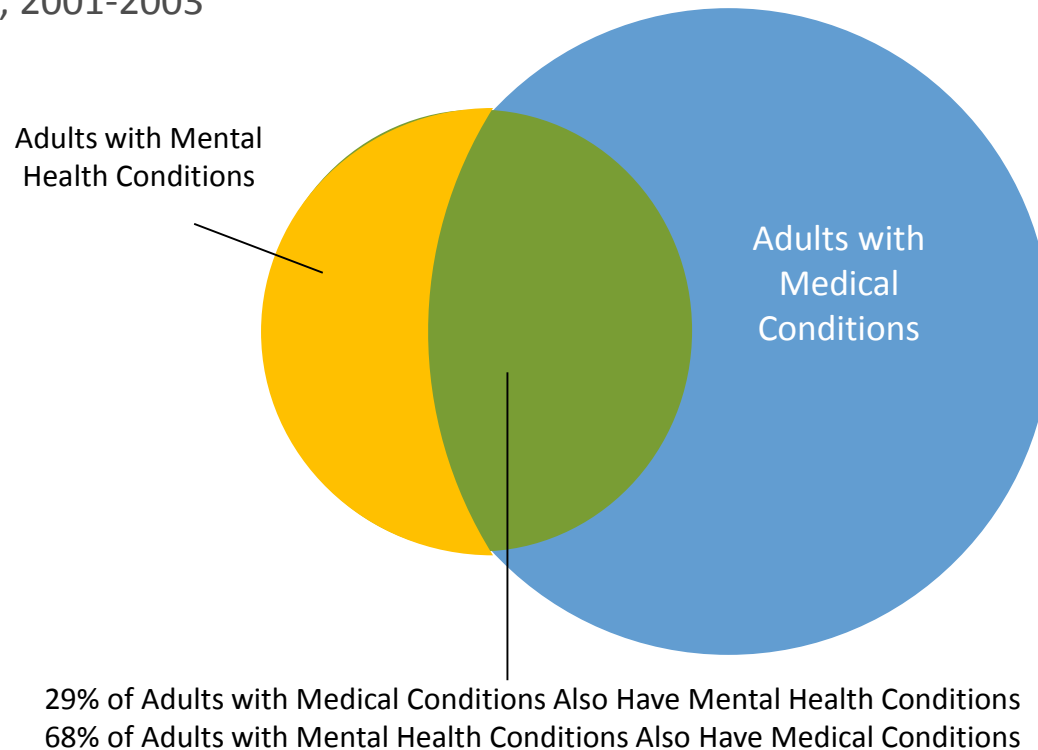
- Mental illness and disorders affect 1 in 5 children during the course of a year. These children and teens have a diagnosable mental disorder.
- Severe mental illness that causes functional impairment affects 1 in 10 of our children and teens.
- Although mental illness and disorders affect so many of our children and teens aged 6 to 17, 79% of them do not receive mental health care.
- Of all youth who are diagnosed with a mental illness, 1 in 8 has co-occurring substance abuse problems.
- Eighty percent of people with multiple mental health and substance abuse disorders report onset before age 20.

Mental Illness and Substance Use (SUD)



Individuals with behavioral health conditions frequently have co-occurring physical health conditions.

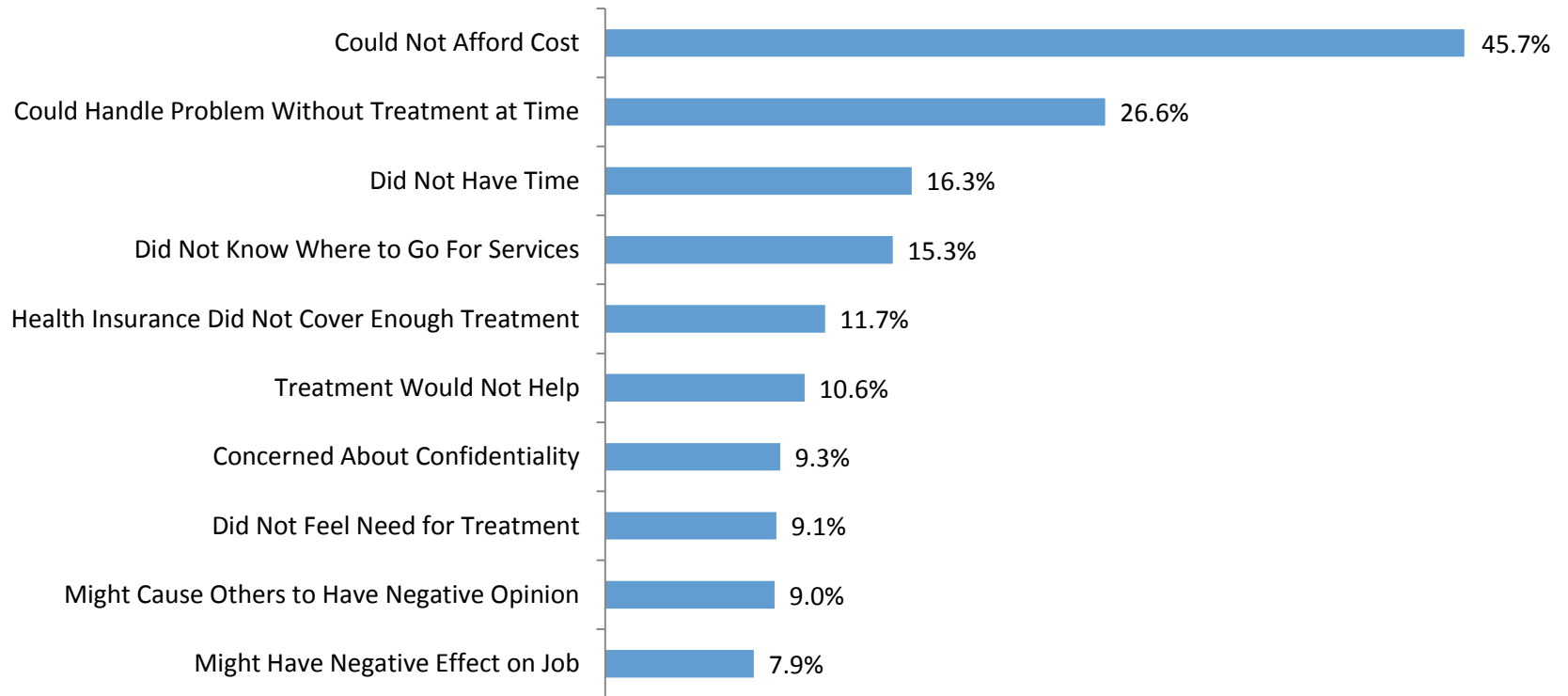
Chart 2: Percentage of Adults with Mental Health Conditions and/or Medical Conditions, 2001-2003



Source: Druss, B.G., and Walker, E.R. (February 2011). *Mental Disorders and Medical Comorbidity*. Research Synthesis Report No. 21. Princeton, NJ: The Robert Wood Johnson Foundation.

Cost is a common barrier to receiving mental health care services.

Chart 4: Reasons for Not Receiving Mental Health Services, Among Adults Reporting Unmet Need, 2009



Note: Excludes those who reported unmet need but received some services.

Source: Kaiser Commission on Medicaid and the Uninsured. (April 2011). *Mental Health Financing in the United States: A Primer*. Washington, DC.

Community-based services provide a cost-effective, results-oriented recovery system.

THE COST OF RECOVERY

An integrated wellness & recovery system

At a fraction of the cost

Average Cost Per Day for Treatment:

\$34

\$950 Emergency room

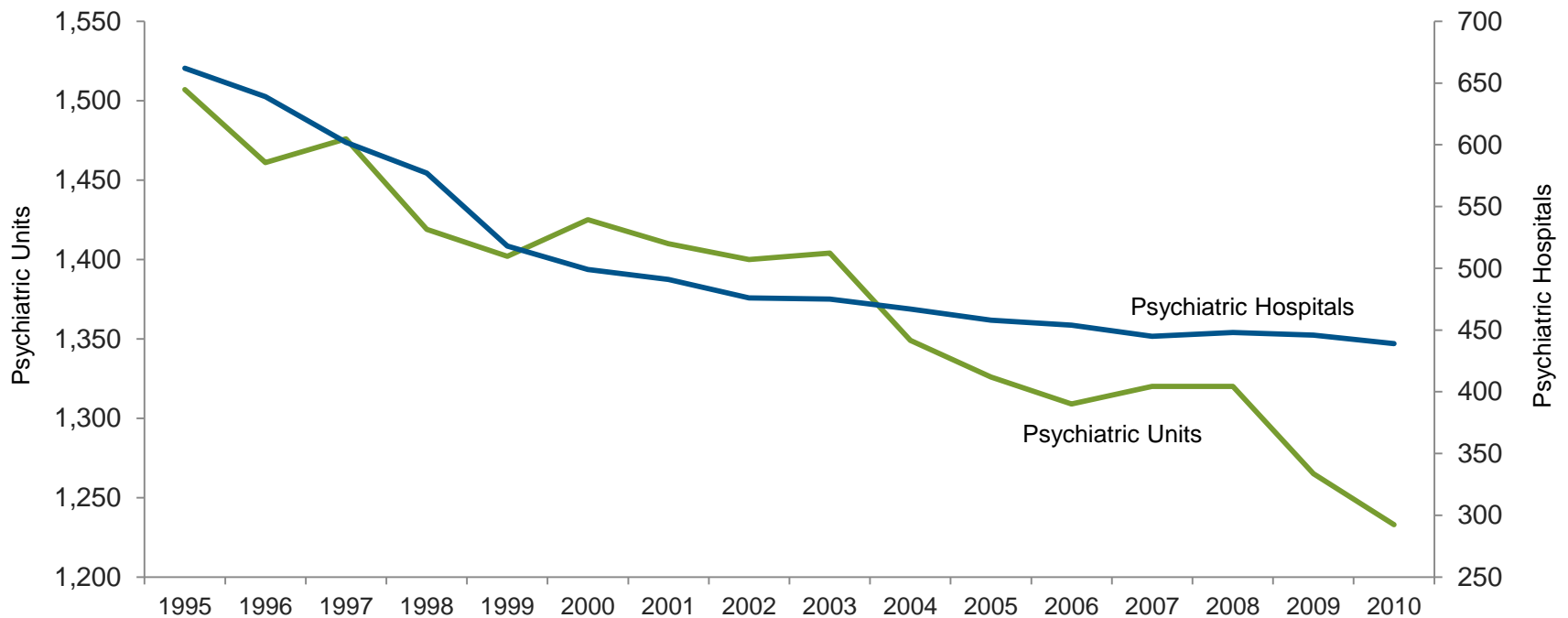
Community-Based Services

\$550 State psychiatric hospitals

\$110 Incarceration

The health care system's capacity to deliver mental health services has been shrinking.

Chart 5: Total Number of Psychiatric Units⁽¹⁾ in U.S. Hospitals and Total Number of Freestanding Psychiatric Hospitals⁽²⁾ in U.S., 1995-2010



Note: Includes all registered and non-registered hospitals in the U.S.

(1) Hospitals with a psychiatric unit are registered community hospitals that reported having a hospital-based inpatient psychiatric care unit for that year.

(2) Freestanding psychiatric hospitals also include children's psychiatric hospitals and alcoholism/chemical dependency hospitals.

Source: Health Forum, AHA Annual Survey of Hospitals, 1995-2010.

New Innovations

- Integrated Care
- Mosaic Community Partnerships
- Health Homes
- Mental Health First Aid
- Use of technology
 - Telemedicine
 - Electronic Health Records and Big Data
 - The Big White Wall

What You Can Do to Help

- Support Mental Health First Aid
- Protect funding for these vital services
- Support expansion of resources in Maryland to meet demand

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